

Gravista								
Overall Finish List								
May 13, 2023								
Results By Mountain Junkies LLC	www.mountainjunkies.net							
Worthy 30 - Men / Women Open								
Female Finishers								
Place	Name	City	Bib No	Age	Age Group Place	Total Time	Total Pace	Gender
1	Carolyn Wright	Roanoke VA	671	27	1:F Women's Open	2:27:17.9	12.2mph	F
2	Sarah Cust	Baltimore MD	266	38	2:F Women's Open	2:30:14.5	12.0mph	F
3	Annie Hatcher	Arlington VA	259	26	3:F Women's Open	2:36:43.8	11.5mph	F
4	Molly Adams	Baltimore MD	267	33	4:F Women's Open	2:57:02.1	10.2mph	F
5	Elisabeth Montero	Kensington MD	260	32	5:F Women's Open	3:14:17.2	9.26mph	F
6	Monica Cardenas	Monrovia MD	263	29	6:F Women's Open	3:15:09.1	9.22mph	F
7	Jennifer Chen	Richmond VA	272	27	7:F Women's Open	3:20:13.2	8.99mph	F
Male Finishers								
Place	Name	City	Bib No	Age	Age Group Place	Total Time	Total Pace	Gender
1	Eric Coleman	Staunton VA	287	35	1:M Men's Open	2:09:05.0	13.9mph	M
2	Peter Johnston	Kensington MD	278	38	2:M Men's Open	2:12:39.4	13.6mph	M
3	Logan O'Day	Lexington VA	294	32	3:M Men's Open	2:21:46.6	12.7mph	M
4	Rob Anderson	Rockingham VA	587	40	4:M Men's Open	2:26:48.8	12.3mph	M
5	Paul Holdsworth	Midlothian VA	314	36	5:M Men's Open	2:29:26.9	12.0mph	M
6	Shane Boyar	Richmond VA	293	34	6:M Men's Open	2:30:47.3	11.9mph	M
7	Ben Barnes	Rockville MD	281	38	7:M Men's Open	2:37:59.2	11.4mph	M
8	Christian Conrad	Roanoke VA	290	37	8:M Men's Open	2:39:26.9	11.3mph	M
9	Igor Tiosso	Moseley VA	297	37	9:M Men's Open	2:46:32.9	10.8mph	M
10	Joseph Valerio	ARLINGTON VA	271	38	10:M Men's Open	2:47:10.4	10.8mph	M
11	Justin Rodriguez	Richmond VA	298	31	11:M Men's Open	3:04:17.4	9.77mph	M
12	James Henris	Washington DC DC	261	27	12:M Men's Open	3:11:27.9	9.40mph	M
13	Nathan Hilbish	Lynchburg VA	296	36	13:M Men's Open	3:14:12.9	9.27mph	M

Worthy 30 - Junior Men / Women									
Female Finishers									
Place	Name	City	Bib No	Age	Age Group	Place	Total Time	Total Pace	Gender
1	Juli Black	Glasgow VA	257	14	1:F Jr. Women		2:39:13.3	11.3mph	F
2	Lila Nicely	Salem VA	258	14	2:F Jr. Women		2:44:04.0	11.0mph	F
Male Finishers									
Place	Name	City	Bib No	Age	Age Group	Place	Total Time	Total Pace	Gender
1	Xavier Kohl	Glasgow VA	275	15	1:M Jr. Men		2:46:57.5	10.8mph	M
Worthy 30 - Men / Women 40+									
Female Finishers									
Place	Name	City	Bib No	Age	Age Group	Place	Total Time	Total Pace	Gender
1	taneika duhaney	Burke VA	288	41	1:F Women's 40+		3:43:34.3	8.05mph	F
Male Finishers									
Place	Name	City	Bib No	Age	Age Group	Place	Total Time	Total Pace	Gender
1	Jeremiah Still	Norfolk VA	280	41	1:M Men's 40+		2:17:22.0	13.1mph	M
2	Brad Dalton	Roanoke VA	289	44	2:M Men's 40+		2:23:28.8	12.5mph	M
3	Michael Basgier	Keezletown VA	292	45	3:M Men's 40+		2:38:27.3	11.4mph	M
4	Matt Fellowes	Washington DC	262	48	4:M Men's 40+		2:42:38.5	11.1mph	M
5	Don Lustenberger	Annapolis MD	270	41	5:M Men's 40+		2:45:11.9	10.9mph	M
6	Rob Garner	Cary NC	274	49	6:M Men's 40+		2:58:17.3	10.1mph	M
7	Sean Lambert		269	45	7:M Men's 40+		3:02:02.6	9.89mph	M
Worthy 30 - Men / Women 50+									

Female Finishers								
Place	Name	City	Bib No	Age	Age Group Place	Total Time	Total Pace	Gender
1	Lisa Easton	LAMBERTVILLE NJ	265	56	1:F Women's 50+	3:16:04.5	9.18mph	F
2	Leigh Jenkins	LEXINGTON VA	251	52	2:F Women's 50+	3:26:27.6	8.72mph	F
3	Debbi Corey	Leonardtown MD	254	60	3:F Women's 50+	4:00:41.3	7.48mph	F
Male Finishers								
Place	Name	City	Bib No	Age	Age Group Place	Total Time	Total Pace	Gender
1	Matthew Marchal	Richmond VA	286	53	1:M Men's 50+	2:21:36.7	12.7mph	M
2	Peter Henry	Richmond VA	285	50	2:M Men's 50+	2:30:37.8	11.9mph	M
3	Shawn Romano	CHARLESTON WV	282	53	3:M Men's 50+	2:45:58.7	10.8mph	M
4	Jay Johnson	Owings Mills MD	273	56	4:M Men's 50+	2:53:03.6	10.4mph	M
5	Bill Craig	King George VA	295	60	5:M Men's 50+	3:11:33.0	9.40mph	M
6	Michael Doane	Henrico VA	256	54	6:M Men's 50+	3:40:38.4	8.16mph	M
7	Brian Corey	Leonardtown MD	253	60	7:M Men's 50+	4:00:43.1	7.48mph	M
Worthy 30 - Men / Women 60+								
Female Finishers								
Place	Name	City	Bib No	Age	Age Group Place	Total Time	Total Pace	Gender
1	Ann Steiger	Washington DC	264	62	1:F Women's 60+	3:17:00.4	9.14mph	F
Male Finishers								
Place	Name	City	Bib No	Age	Age Group Place	Total Time	Total Pace	Gender
1	don miller	old fort NC	276	73	1:M Men's 60+	2:27:06.7	12.2mph	M
2	Paul Spencer	REMINGTON VA	252	68	2:M Men's 60+	3:10:51.0	9.43mph	M
3	ROBERT IRONS	SINKS GROVE WV	284	68	3:M Men's 60+	3:15:07.9	9.22mph	M
4	Joel Temple	Landenberg, PA PA	279	61	4:M Men's 60+	3:19:53.6	9.00mph	M
5	Gary Snyder	Blacksburg VA	283	60	5:M Men's 60+	3:31:43.9	8.50mph	M
6	John Zimsky	Chesterfield VA	268	70	6:M Men's 60+	4:49:54.9	6.21mph	M

Worthy 30 - Men / Women SS								
Place	Name	City	Bib No	Age	Age Group Place	Total Time	Total Pace	Gender
1	Alexander McRae	Mardela Springs MD	291	49	1:M Men's Single Spe	2:33:58.7	11.7mph	M
Worthy 30 - Men / Women E-bike								
Place	Name	City	Bib No	Age	Age Group Place	Total Time	Total Pace	Gender
1	Harry Conley	Atlanta GA	255	71	1:M 1-99	3:39:02.2	8.22mph	M